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## PERC 2026 ANNUAL SCIENTIFIC MEETING TRAINEE EDUCATION DAY

Sunday January 25, 2026

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**Location:** Jacques Cartier Room

**Session Objectives:** At the end of these sessions, all participants will be able to recognize the structured and interactive education opportunities for PEM trainees & junior researchers.

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0800-0845	<b>Registration and Breakfast</b>	<i>Place D'Armes</i>
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0845-0915	<b>Welcome and Introduction to PERC</b> <i>Session Objectives: Facilitate introductions and foster collaborative relationships among PEM trainees across Canada</i>	Dr. Samina Ali
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0915-1015	<b>Primer on Personal Finance</b> <i>Session Objectives: By the end of the session, participants will be able to (1) recognize key personal finance concepts relevant to early-career physicians, including budgeting, managing debt, and planning for long-term savings; (2) compare financial considerations across different physician compensation models (e.g., fee-for-service vs. salaried) and recognize how these may influence individual financial planning; (3) apply practical strategies to support informed financial decision-making during residency and early practice, including approaches to goal-setting and evaluating financial trade-offs</i>	Dr. Russell Lam & Dr. Mohamed Eltorki
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1015-1045	<b>COFFEE BREAK</b>	<i>Place D'Armes</i>
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### Environmental Scan of PEM Jobs in Canada

1045-1130	<i>Session Objectives: By the end of the session, participants will be able to: (1) compare the key features of Pediatric Emergency Medicine (PEM) physician positions across Canadian PERC sites to support informed career decision-making.; and (2) evaluate the factors influencing work-life balance and professional growth opportunities in PEM roles to thoughtfully select a site and career pathway that aligns with personal and professional priorities.</i>	Dr. Laura Simone
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### Top 10 Articles in PEM

1130-1230	<i>Session Objectives: By the end of the session, participants will be able to discuss the key findings and implications of the top PEM research articles from 2025 to facilitate knowledge translation into clinical practice.</i>	Dr. Ariane Boutin Dr. Evelyne D. Trottier
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1230-1330	<b>LUNCH</b>	Place D'Armes
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### PERC Interactive Session

1330-1400	<i>Session Objectives: By the end of the session, participants will be able to (1) recognize key facilitators and barriers to pursuing a research trajectory in PEM, and (2) develop strategies to support continued research engagement among PEM Trainees as they transition into their careers.</i>	Dr. Samina Ali
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### Roundtable Discussions: Career Trajectories in PEM

1400-1520	<i>Session Objectives: By the end of the session, participants will be able to (1) compare diverse career pathways in PEM, including administrative, leadership, clinical, quality improvement, and research-focused roles, through perspectives from staff at various career stages and sites across Canada and (2) Apply strategies for effective career planning and progression in PEM, tailored to individual strengths and interests, across different areas of practice.</i>	Dr. Evelyne D. Trottier Dr. Waleed Alqurashi Dr. Hasan Merali Dr. Dominic Allain Dr. Henry Annan Dr. Lara Berliner Dr. April Kam Dr. Adrienne Davis
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1530-1730	<b>Networking with Medical Directors</b> **This is an unaccredited, non-CPD activity**	Place D'Armes
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